This is TAEKWONDO

A SPORT
FOR ALL

Taekwondo can be practiced anytime, anywhere, by anyone. Requiring no gear, it is highly economical, offering developing nations opportunities for Olympic glory. Likewise, refugees and displaced persons are granted opportunities to shine in the Refugee Olympic Team.

A SPORT
WITH EVERYTHING

Taekwondo is a near-perfect total-body exercise, centred on flexibility, agility, power, speed, stamina and courage. And it is not just for the athletic elite. It is an anti-aging pill, recuperation for the injured and an education in physical/mental discipline - a gift that once given, can never be taken away.

A SPORT
WITH VALUES

While Taekwondo is a combat sport, it retains the value systems of martial arts. These include the "Tenets of Taekwondo" - courtesy, integrity, perseverance, self-control and indomitable spirit. Before and after combat, athletes bow to one another, for Taekwondo begins and ends with Courtesy, Inclusiveness, Leadership, Respect, Tolerance, Excellence, and Integrity.

'TECH-KWONDO'

Taekwondo has fully leveraged technology to make the sport as fair and transparent as possible.
Protector and Scoring System (PSS) - featuring electronic sensors embedded in the protective gear, that are linked wirelessly to the scoreboard – made their Olympic debuts in London in 2012. So did instant video replays.

Schedule

Date and Time: August 7-10, 2024 | 9:00h-23:00h **Venue:** Grand Palais

7	*09:00 - 12:50*	Prelims
	13:45 - 14:05	WT Demonstration Team Performance
	14:30 - 17:30	Quarter-finals & Semi-finals
W-49kg M-58kg	*18:45 - 19:00*	Mixed Gender Team Showcase
	19:30 - 23:00	Repechages. Bronze medals Contests. Finals. Victory Ceremonies
8	*09:00 - 12:30*	Prelims
	13:45 - 14:05	WT Demonstration Team Performance
	14:30 - 17:30	Quarter-finals & Semi-finals
	17:15 - 17:30	Mixed Gender Team Showcase
W-57kg M-68kg	*18:45 - 19:05*	WT Demonstration Team Performance
	19:30 - 23:00	Repechages. Bronze medals Contests. Finals. Victory Ceremonies
9	*09:00 - 12:30*	Prelims
	13:45 - 14:05	Demonstration Team Performance
	14:30 - 17:30	Quarter-finals & Semi-finals
	17:15 - 17:30	Mixed Gender Team Showcase
W-67kg M-80kg	*18:45 - 19:05*	WT Demonstration Team Performance
	19:30 - 23:00	Repechages. Bronze medals Contests. Finals. Victory Ceremonies
10	*09:00 - 12:30*	Prelims
	13:45 - 14:05	WT Demonstration Team Performance
	14:30 - 17:30	Quarter-finals & Semi-finals
W+67kg M+80kg	*18:45 - 19:00*	Mixed Gender Team Showcase
	19:30 - 23:00	Repechages. Bronze medals Contests. Finals. Victory Ceremonies

Complete Information

WT's full "Competition Rules and Interpretations" can be found on the WT website at www.worldtaekwondo.org or click on the QR Code below:

www.worldtaekwondo.org

@worldtaekwondo

PARIS 2024
PRESS KIT

WORLD TAEKWONDO

PARIS 2024

About Olympic Taekwondo
Taking Taekwondo to the Games

World Taekwondo (WT), the international federation governing the sport of Taekwondo, is a member of the International Olympic Committee (IOC) and Association of Summer Olympic International Federations (ASOIF). Established on May 28, 1973, WT currently oversees 213 member national associations and one refugee team. The organisation is headquartered in Seoul, Republic of Korea, and maintains an office in Lausanne, Switzerland.
After exploding onto the global stage at the Seoul 1988 Olympic Games and Barcelona 1992 Olympic Games as a demonstration sport, Taekwondo got the thumbs up at the Centennial Olympic Congress in Paris in 1994, becoming an official Olympic medal sport. Taekwondo first competed as a medal sport at Sydney 2000 across four weight categories each for men and women. Since then, Taekwondo has maintained its status in Athens 2004, Beijing 2008, London 2012, Rio 2016 and Tokyo 2020, where Para Taekwondo made its Paralympic debut, and Paris 2024.

In Paris 2024, WT will celebrate 30 years of Olympic Taekwondo with the highest number of refugee athletes to date. WT also welcomes first-time NOCs:

Bulgaria
Czech Rep.
Fiji
The Gambia
Guinea Bissau
Hong Kong, China
Palestine
Timor Leste
Uruguay

Olympic Taekwondo has not stood still. Over the last 25 years, WT has evolved its rules and regulations and strengthened referee training and evaluation, while innovating new technologies that place Taekwondo on the cutting edge of global sport.

How the Game is Played

- Olympic Taekwondo offers eight weight categories: Four men and four women.
- Taekwondo matches are fought on a field of play that is matted for safety. The mat is octagonal to encourage lively footwork and evasive movement.
- Matches are won via a "best of three" system – i.e. if a player wins the first two rounds, a third round is not fought.
- Matches are three rounds of two minutes each. One-minute breaks separate the rounds.
- One center referee and two corner judges officiate. Video replay judges are on hand for decisions disputed by coaches.
- Points are made known to the audience, real time, via the electronic scoreboards. The scoreboards are wirelessly connected to the PSS (Protector and Scoring System) – i.e. the trunk and head protectors worn by athletes.
- Athletes win by striking the opponent's target areas on the PSS while not being struck by the opponent. Kicks are aimed at trunk and head protectors. Punches are aimed at the trunk protector. No other blows (face punches, low kicks, knees, elbows, etc) are permitted. Nor are throws, trips or joint locks.
- "Gam-jeom" (penalty point) is awarded to the opponent for a rules infraction. Infractions include illegal blows, stepping off the mats or falling.
- Often, one player wins the first round, the other player wins the second round and the match goes to a third round decider. If the third round's score is tied the match is decided via "superiority." This means the athlete who has made maximum impact on the PSS and lost fewer gam-jeoms wins.
- Olympic Taekwondo competition is a single-elimination tournament with repechage for the bronze medal contest. The winner of the final contest will receive the gold medal and the loser will receive the silver medal. The two winners of the repechage finals (Bronze medal contests) will each receive a bronze medal.

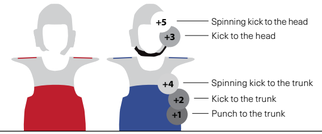
Repechage

- The repechage is conducted among contestants who lost to the two finalists in the elimination phase.
- The two losers of the semifinals during the elimination phase are seeded directly to each of the repechage finals, but on the opposite sides of the competition bracket.
- Other losers advance to the repechage unseeded, on the same side of the bracket they contested during the eliminations.
- The two winners of the repechage finals (Bronze medal contests) each receive a bronze medal.

How to Score

- Taekwondo specializes in kicks. High and spinning kicks earn higher points. Points are scored via impact with the electronic sensors embedded in the protective head and trunk protector, known as the Protector and Scoring System, or PSS. Points are transmitted wirelessly, real time, to the electronic scoreboard.
- Points are also scored by corner judges with hand-held devices. Judges score: Punches to the trunk; additional points ("technical points") for spinning kicks. These points are also transmitted to the electronic scoreboard.

Point Spectrum



Gam-jeom(penalties)

Penalties are known as "gam-jeom."
A gam-jeom is one (1) point,
granted to the opposing contestant.
Penalties are awarded for breaching safety protocols; and refusing to engage.
Specific prohibited acts are listed below:

- Crossing the boundary of the field of play
- Falling
- Avoiding or delaying the match
- Grabbing or pushing the opponent
- Lifting the leg to block or otherwise impede the opponent's attack
- Kicking below the waist
- Attacking the opponent after "kalyeo" ("halt")
- Hitting the opponent's head with the hand
- Attacking a fallen opponent
- Kicking with the side or bottom of the foot with the knee pointed out while in a clinch position
- Attacking back of head PSS in clinch position
- Misconduct and unsportsmanlike behavior by a contestant or coach - such as not complying with the referee's commands or decisions, inappropriate protesting of officials' decisions, provoking or insulting the opponent, etc
- The referee may end the match by raising a yellow card and declaring the opposite contestant the winner. When a contestant receives five (5) " Gam-jeom" in a round, the opponent will be declared the winner of that round

Athletes list Alphabetical order of NOC

Athletes' Records

Women

W-49kg

JOSIPA **KAFADAR**	CAN
QING **GUO**	CHN
LENA **STOJKOVIC**	CRO
DINA **POURYOUNES LANGEROUDI**	EOR
ADRIANA **CEREZO IGLESIAS**	ESP
MOBINA **NEMATZADEH**	IRI
ABISHAG **SEMBERG**	ISR
ILENIA ELISABETTA **MATONTI**	ITA
DUNYA ALI M **ABUTALEB**	KSA
MICHELLE **TAU**	LES
OUMAIMA **EL BOUCHTI**	MAR
DANIELA PAOLA **SOUZA**	MEX
PANIPAK **WONGPATTANAKIT**	THA
ANA **DA COSTA DA SILVA PINTO**	TLS
IKRAM **DHAHRI**	TUN
MERVE **DINCEL KAVURAT**	TUR
MARIA SARA **GRIPPOLI GAGLIARDO**	URU

W-57kg

STACEY **HYMER**	AUS
MARIA CLARA **PACHECO**	BRA
KIMIA ALIZADEH **ZENOZI**	BUL
SKYLAR **PARK**	CAN
ZONGSHI **LUO**	CHN
DOMINIKA **HRONOVA**	CZE
EMMANUELLA **ATORA**	GAB
JADE **JONES**	GBR
NAHID **KIYANICHANDEH**	IRI
YUJIN **KIM**	KOR
LAETITIA **AOUN**	LBN
MILJANA **RELJIKJ**	MKD
CHIA-LING **LO**	TPE
CHAIMA **TOUMI**	TUN
HATICE KUBRA **ILGUN**	TUR
FAITH **DILLON**	USA

W-67kg

SARAH **CHAARI**	BEL
CAROLINE **SANTOS**	BRA
JIE **SONG**	CHN
RUTH **GBAGBI**	CIV
MADELYN ANDREA **RODRIGUEZ**	DOM
AYA **SHEHATA**	EGY
CECILIA **CASTRO BURGOS**	ESP
LOLOHEA **NAVUGA NAITASI**	FIJ
MAGDA **WIET-HENIN**	FRA
VIVIANA **MARTON**	HUN
JULYANA **ALSADEQ**	JOR
ELIZABETH OLUCHI **ANYANACHO**	NGR
ALEKSANDRA **PERISIC**	SRB
SASIKARN **TONGCHAN**	THA
KRISTINA **TEACHOUT**	USA
OZODA **SOBIRJONOVA**	UZB

W+67kg

MARLENE **JAHL**	AUT
FERNANDA **AGUIRRE**	CHI
ZEQI **ZHOU**	CHN
ASTAN KATHERINE FEGHE **BATHILY**	CIV
ARLETTYS **ACOSTA HERRERA**	CUB
PETRA **STOLBOVA**	CZE
VENICE ELIZABETH MEGAN **TRAILL**	FIJ
ALTHEA **LAURIN**	FRA
REBECCA **MCGOWAN**	GBR
LORENA **BRANDL**	GER
RAMA **ABO-ALRUB**	JOR
DABIN **LEE**	KOR
FATIMA-EZZAHRA **ABOUFARAS**	MAR
MUNIRA **ABDUSALOMOVA**	TJK
NAFIA **KUS AYDIN**	TUR
SVETLANA **OSIPOVA**	UZB

Men

M-58kg

GEORGII **GURTSIEV**	AIN
LUCAS **GUZMAN**	ARG
BAILEY **LEWIS**	AUS
GASHIM **MAGOMEDOV**	AZE
HADI **TIRANVALIPOUR**	EOR
ADRIAN **VICENTE YUNTA**	ESP
CYRIAN **RAVET**	FRA
OMAR GERGELY **SALIM**	HUN
JACK **WOOLLEY**	IRL
VITO **DELL AQUILA**	ITA
SAMIRKHON **ABABAKIROV**	KAZ
TAEJOON **PARK**	KOR
NOURIDINE **ISSAKA GARBA**	NIG
OMAR **YASER ISMAIL**	PLE
BOCAR **DIOP**	SEN
LEV **KORNEEV**	SRB
MOHAMED KHALIL **JENDOUBI**	TUN
YOHANDRI **GRANADO**	VEN

M-68kg

EDIVAL **PONTES**	BRA
IBRAHIM **MAIGA**	BUR
YUSHUAI **LIANG**	CHN
MARKO **GOLUBIC**	CRO
BERNARDO **PIE**	DOM
AHMED **NASSAR**	EGY
YAHYA **AL GHOTANY**	EOR
JAVIER **PEREZ POLO**	ESP
SOULEYMAN **ALAPHILIPPE**	FRA
BRADLY **SINDEN**	GBR
WAI FUNG **LO**	HKG
LEVENTE MARK **JOZSA**	HUN
ZAID **KAREEM**	JOR
KEVIN SOGO **KASSMAN**	PNG
BANLUNG **TUBTIMDANG**	THA
HAKAN **RECBER**	TUR
ULUGBEK **RASHITOV**	UZB

M-80kg

LEON **SEJRANOVIC**	AUS
HENRIQUE MARQUES **RODRIGUES FERNANDES**	BRA
FAYSAL **SAWADOGO**	BUR
JOAQUIN **CHURCHILL MARTINEZ**	CHI
EDI **HRNIC**	DEN
SEIF **EISSA**	EGY
FARZAD **MANSOURI**	EOR
MEHRAN **BARKHORDARI**	IRI
SIMONE **ALESSIO**	ITA
SALEH **ELSHARABATY**	JOR
BATYRKHAN **TOLEUGALI**	KAZ
GEONWOO **SEO**	KOR
ISMAEL **COULIBALY**	MLI
STEFAN **TAKOV**	SRB
FIRAS **KATOUSSI**	TUN
CJ **NICKOLAS**	USA
JASURBEK **JAYSUNOV**	UZB

M+80kg

ZHAOXIANG **SONG**	CHN
CHEICK SALLAH **CISSE**	CIV
IVAN **SAPINA**	CRO
RAFAEL **ALBA**	CUB
KASRA **MEHDIPOURNEJAD**	EOR
ALASAN **ANN**	GAM
CADEN **CUNNINGHAM**	GBR
PAIVOU JOHNOUARIO **GOMIS**	GBS
ARIAN **SALIMI**	IRI
CARLOS **SANSORES**	MEX
ABDOUL **ISSOUFOU**	NIG
RICHARD ANDRE **ORDEMANN**	NOR
GIBSON KAOGO **MARA**	PNG
PATRIK **DIVKOVIC**	SLO
EMRE KUTALMIS **ATESLI**	TUR
JONATHAN **HEALY**	USA
NIKITA **RAFALOVICH**	UZB